

## Myers-Briggs Type Indicator® Certification Program

The Myers-Briggs Type Indicator® (MBTI®) Certification Program prepares you to use and interpret the MBTI® instrument. Training in the MBTI® Step II™ assessment provides more in-depth insight into an individual's personality type and behavior using 20 additional facets. The four-day workshop is highly interactive and provides many opportunities for you to practice presenting the MBTI® instrument and interpreting results in a variety of situations: with groups, with individuals, and in coaching.

### The MBTI® Instrument

Trusted by 89% of Fortune 100 companies and taken by 2.7 million people every year in more than 20 languages, Myers-Briggs Type Indicator® (MBTI®) assessment helps people gain insights about themselves and how they interact with others—improving how they communicate, learn, and work. The MBTI® assessment makes Carl Jung's theory of psychological type both understandable and highly practical by helping individuals identify their preferences in four areas. [Know more](#) about MBTI®.

EXTRAVERSION		or		INTROVERSION	Opposite ways to <b>direct and receive energy</b>
SENSING		or		INTUITION	Opposite ways to <b>take in information</b>
THINKING		or		FEELING	Opposite ways to <b>decide and come to conclusions</b>
JUDGING		or		PERCEIVING	Opposite ways to <b>approach the outside world</b>

### Why should you be interested in MBTI®?

- **Versatile and wide range of applications:** The MBTI® framework's versatility makes it very useful across application areas like team building, leadership development, conflict management, stress management, career transitions, and more.
- **Well researched, reliable and valid:** With over 6 decades of research backing it, the MBTI® instrument is very reliable and has been validated across many application areas in the organizational context.
- **Simple framework:** Simple and easy to understand framework and reports that provide a common language for describing how individuals interact with each other.

### Why get certified?

- You will get access to MBTI® Step I and Step II instruments
- You will also receive resource materials including books, presentations and videos to help you get started with MBTI® instrument
- You will enhance your expertise as a facilitator of learning programs, organizational development practitioner and coach

## Program details

**Duration:** 4 days

**Cost:** INR 1,32,000 + Taxes

### **Dates:**

04 - 07 Feb | Mumbai

### **Program Timings:**

8:45 am to 6:00 pm

## Program Details

The MBTI® Certification program teaches participants how to professionally and ethically administer and interpret the Myers-Briggs assessment. This four-day certification program provides participants instruction in type theory and key Myers-Briggs applications, broken down into an easily understandable format:

- Day 1: You will learn about the evolution and model of the MBTI® instrument, and how you can present MBTI® Step I in group settings.
- Day 2: Once the fundamentals have been established, you will spend time understanding how to use the MBTI® instrument at your work place and teams, and practice presenting the instrument to clients.
- Day 3: This day is spent exploring type dynamics and individual development, delving deeper into decoding each function of a personality type in relation to the other functions.
- Day 4: On the final day, you will explore the facets of the Step II report, and how you can use these to address different client needs.

You will need to pass five module assessments over the course of four days, in order to demonstrate adequate understanding of the course material. Upon successful completion of the program, you will be eligible to purchase and use the MBTI® assessments and reports through Anahat. You will also receive a certificate from The Myers-Briggs Company Asia Pacific, indicating your eligibility to use the MBTI® instrument.

### About Anahat

Anahat specializes in training and development, and is a distributor of psychometric instruments in India. Anahat's consulting offerings include coaching, OD interventions and training in the areas of leadership, collaboration and change management. Anahat has certified more than 2000 people on the use of instruments such as the MBTI®, FIRO-B®, Strong™ Interest Inventory, Saville Consulting and CPI260™. Anahat represents The Myers-Briggs Company, the publisher of the MBTI instrument in India. To know more, visit us at [www.anahat.in](http://www.anahat.in) or write to us at [info@anahat.in](mailto:info@anahat.in).

### About The Myers-Briggs Company

The Myers-Briggs Company, based in California, US, is a world leader in personality, career, and organizational development assessments. It is best known as the publisher of MBTI®, FIRO-B®, CPI™ and Strong assessments.

## Who should attend this program?

- HR Professionals
- Trainers and Educators
- Learning and Development Professionals
- Organization Development Professionals
- Independent Consultants
- Coaches
- Organizational Leaders
- HR Heads

## Contact Us

Anahat Organisation  
Development Consultancy  
Pvt Ltd

**Phone:** +91 44 4201 9547

**Email:** [info@anahat.in](mailto:info@anahat.in)  
[www.anahat.in](http://www.anahat.in)

## About the Trainers\*

**CS Mahesh**, Founder Director at Anahat and a Master trainer for MBTI® certification programme, has certified over 2000 professionals in the use of psychometric instruments like the MBTI®, FIRO-B®, Strong®, CPI260™, and the Saville Consulting suite of assessments. He is also certified on the EQ-i 2.0



**Janaki Venkat**, Founder Director at Anahat and a Master trainer for MBTI® certification programme, is an executive coach with over 1000 hours of coaching experience. She is also a Master Trainer for psychometric instruments like the Saville Consulting, FIRO-B®, Strong®, CPI260™ and EQ-i 2.0.



\*Please note that either one of Mahesh or Janaki will be the trainer for the programme depending on availability.

**Contact Us**  
**Anahat Organisation**  
**Development Consultancy**  
**Pvt Ltd**  
+91 44 4201 9547  
[www.anahat.in](http://www.anahat.in)  
Email: [info@anahat.in](mailto:info@anahat.in)

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