

Anahat Organisation Development Consultancy Pvt. Ltd.

## Myers-Briggs Type Indicator® Certification Program

The Myers-Briggs Type Indicator® (MBTI®) Certification Program prepares you to use and interpret the MBTI® instrument. Training in the MBTI® Step II™ assessment provides more in-depth insight into an individual's personality type and behavior using 20 additional facets. The four-day workshop is highly interactive and provides many opportunities for you to practice presenting the MBTI® instrument and interpreting results in a variety of situations: with groups, with individuals, and in coaching.

### The MBTI® Instrument

Trusted by 89% of Fortune 100 companies and taken by 2.7 million people every year in more than 20 languages, Myers-Briggs Type Indicator® (MBTI®) assessment helps people gain insights about themselves and how they interact with others—improving how they communicate, learn, and work. The MBTI® assessment makes Carl Jung's theory of psychological type both understandable and highly practical by helping individuals identify their preferences in four areas.

[Know more](#) about MBTI®.

EXTRAVERSION	<b>e</b>	or	<b>i</b>	INTROVERSION	Opposite ways to <b>direct and receive energy</b>
SENSING	<b>s</b>	or	<b>n</b>	INTUITION	Opposite ways to <b>take in information</b>
THINKING	<b>t</b>	or	<b>f</b>	FEELING	Opposite ways to <b>decide and come to conclusions</b>
JUDGING	<b>j</b>	or	<b>p</b>	PERCEIVING	Opposite ways to <b>approach the outside world</b>

### Why should you be interested in the MBTI® Instrument ?

- **Versatile and wide range of applications:** The MBTI® framework's versatility makes it very useful across application areas like team building, leadership development, conflict management, stress management, career transitions, and more.
- **Well researched, reliable and valid:** With over 6 decades of research backing it, the MBTI® instrument is very reliable and has been validated across many application areas in the organizational context.
- **Simple framework:** Simple and easy to understand framework and reports that provide a common language for describing how individuals interact with each other.

### Why get certified?

- Gain a better understanding of your and others' personality preferences and how they affect personal and professional relationships.
- Deliver effective talent development programs with a greater understanding of your people, teams, and organization.
- Help students make better education and career decisions by understanding their personality preferences.
- Expand your coaching toolkit, so that you can help others be their best.

**The following programs will be conducted virtually**

**Duration:** 4 days

**Dates:**

07 - 10 July

08 -11 September

06 - 09 October

08 - 11 December

**Timings :** 9:00 am to 5:00 pm

**Enrolment fee:**

INR 1,32,000/- plus GST

### Program Details

The MBTI® Certification program teaches participants how to professionally and ethically administer and interpret the MBTI® instrument. This four- day certification program provides participants instruction in Type theory and key MBTI® applications, broken down into an easily understandable format.

During the program you will learn:

- The origins and background of the Myers-Briggs Type Indicator®, how to successfully administer the assessment to individuals and teams
- Technical aspects of the MBTI® assessment, including information about the construction of the instrument and its reliability and validity
- How to deliver MBTI® feedback and personality insights to individuals and groups, using the results for personal and team development, coaching, Leader development and more
- An understanding of your personality preferences, and how they affect personal and professional relationships.
- How MBTI® preferences combine dynamically to add depth and understanding to personality differences
- Practical, ethical, and effective applications of the MBTI® Step I™ & Step II™ assessments.

You will need to pass the qualifying exam after the program. in order to demonstrate adequate understanding of the course material. Upon successful completion of the program, you will be eligible to purchase and use the MBTI® assessments and reports through Anahat. You will also receive a certificate from The Myers-Briggs Company Asia Pacific, indicating your eligibility to use the MBTI® instrument.

### Who should attend this program?

- HR Professionals
- Trainers and Educators
- Learning & Development Professionals
- Organization Development Professionals
- Independent Consultants
- Coaches
- Organizational Leaders
- HR Heads



Watch a short clip on why MBTI is used by millions across the world.

### About Anahat.

Anahat specializes in training and development, and is a distributor of psychometric instruments in India. Anahat's consulting offerings include coaching, OD interventions and training in the areas of leadership, collaboration and change management. Anahat has certified more than 2000 people on the use of instruments such as the MBTI®, FIRO-B®, Strong™ Interest Inventory, Saville Consulting and CPI260™. Anahat represents The Myers-Briggs Company, the publisher of the MBTI instrument in India. To know more, visit us at [www.anahat.in](http://www.anahat.in) or write to us at [info@anahat.in](mailto:info@anahat.in).

### About The Myers-Briggs Company

The Myers-Briggs Company, based in California, US, is a world leader in personality, career, and organizational development assessments. It is best known as the publisher of MBTI®, FIRO-B®, CPI™ and Strong assessments.

## About the Trainers\*

**CS Mahesh**, Founder Director at Anahat and a Master trainer for MBTI® certification programme, has certified over 2000 professionals in the use of psychometric instruments like the MBTI®, FIRO-B®, Strong®, CPI260™, and the Saville Consulting suite of assessments. He is also certified on the EQ-i 2.0



**Janaki Venkat**, Founder Director at Anahat and a Master trainer for MBTI® certification programme, is an executive coach with over 1000 hours of coaching experience. She is also a Master Trainer for psychometric instruments like the Saville Consulting, FIRO-B®, Strong®, CPI260™ and EQ-i 2.0.



\*Please note that either one of Mahesh or Janaki will be the trainer for the programme depending on availability.

Reach out to us for more information on our programmes.

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